

# Communicable Disease Plan

Updated: January 7<sup>th</sup>, 2021

## Introduction:

Alexander Academy is committed to providing safe and healthy environments for all members of the high school community. In alignment with the Provincial Covid-19 Communicable Disease Guidance for K-12 Settings (October 1, 2021), updated Addendum – Provincial Covid-19 Communicable Disease Guidelines for K-12 Settings (December 31, 2021) developed by the BC Centre for Disease Control (BCCDC), BC Restart Plan, and following WorkSafeBC Four-Step Process, and instructions from the Provincial Health Officer and the Ministry of Education, this Communicable Disease (CD) plan outlines the ongoing effective prevention measures for use on campus and includes safety procedures in order to reduce the risk of infection to students, staff and faculty.

## Scope:

This CD plan is a response to the recent rise of cases of Covid-19 due to the emergence of the more transmissible Omicron variant. This CD plan applies to all students, staff, and faculty engaged in any high school activity, including in-person instruction and related academic activities on and off campus. The CD plan replaces all previous COVID-19 safe work plans for Alexander Academy. All students, staff, and faculty will need to follow local, provincial, and federal travel restrictions, local community health requirements, as well as Alexander Academy CD plan in order to reduce the risk of Covid-19 spreading.

## Duties and Responsibilities:

All students, staff, and faculty are responsible for conducting themselves in a safe manner to protect the school community in which they are involved. Alexander Academy is committed to informed best practices and educating its community members regarding changes to ministerial and provincial guidelines and mandates at all times. The responsibilities start from the Alexander Academy administration:

- Safety plans are in place to inform students, staff and faculty of best safety practices and Alexander Academy response mechanisms.
- The Facilities have the necessary signage posted, and all staff are trained on best safety practices and procedures.
- The custodian is responsible for thorough cleaning and disinfection of the premises to reduce the spread of communicable diseases.

– All staff and faculty are committed to reducing the risk of communicable diseases through safety protocols and following all safety protocol communications from the administration.

**Prevention Measures already in place at Alexander Academy:**

- Proper safety signage, temperature check equipment, and hand sanitizer bottles are available at the entrance/exit of the school. Hand sanitizer and hand cleaning facilities are available and accessible throughout the school and are well maintained.
- Everyone who is eligible is encouraged to get fully vaccinated.
- Doing temperature checks each time entering the campus.
- Staying home when sick.
- Providing regular reminders to students, families, and staff about the importance of completing a daily health check and following public health recommendations.
- Using available school space to spread out and to respect the personal space of others.
- Wearing masks at all times on campus in accordance with the Provincial Health Officer Order on Face Coverings.
- Cleaning hands regularly.
- The custodian and teachers clean and disinfecting surfaces daily.
- Parent Meetings held virtually.
- Staff demonstrate and model how to practice personal prevention measures at school (e.g., wearing a mask, hand hygiene, temperature checks, etc.)
- Mandatory campus sign-in for visitors. This information will be stored should we need to have it for contact tracing.
- Requiring vaccinated students and staff who travel internationally to wait 7 days after returning to Canada before returning to campus. Unvaccinated or partially vaccinated students and staff who travel internationally must wait 14 days to return to campus after returning to Canada.
- Sharing trusted information from the BC Centre for Disease Control.
- The Head of School will maintain detailed First Aid Reports and incidents of exposure on campus, and will consult with the local BC Medical Health Officers regarding communicable disease base management and contact tracing protocols:

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Dr. John Harding, [john.harding@vch.ca](mailto:john.harding@vch.ca),  
Phone: 604-675-3863, Fax: 604-675-3930, After Hours: 604-527-4893  
Suite 800 - 601 West Broadway Vancouver BC V5Z 4C2

- In the event of multiple confirmed cases of communicable disease on campus, Alexander Academy will respond with the following measures as appropriate:

- Follow all guidelines and procedures required by Public Health; make necessary changes as determined by Public Health; if necessary, suspend in-person classes and attendance on campus until it is deemed safe to re-open the campus; support all staff and faculty affected by communicable diseases and in self isolation, allowing them to work from home and/or take days off as needed; support students affected by communicable diseases and in self isolation and create accommodation plans to complete their coursework.

- Staff or faculty in self-isolation will remain in contact with the Head of School. If a staff or faculty member has been diagnosed with a communicable disease, they are prohibited from entering the campus while contagious and under isolation orders.

- Where a student, staff, or faculty member that has been on campus has been diagnosed with a confirmed case of a communicable disease, Alexander Academy will immediately restrict access to the parts of the campus that the person was in. Details of the individual's movements and time spent on campus will be gathered from the attendance records kept and in contacting the individual over the phone. If there was movement in shared common areas connected to the academy (such as the Student Lounge or Staff-Only Kitchen, the custodian will disinfect the area immediately.

- If an outbreak is suspected, public health will be consulted and staff, faculty and students will be required to go home immediately, and work from home for the recommended period since the first known occurrence of the outbreak. They are required to self-monitor for symptoms, and to follow the recommendations of the [BC Self Assessment Tool](#) or call 8-1-1 should symptoms develop. Adaptations for work will be made to support all students, staff, and faculty at home during the recommended isolation period. Only limited staff with work requiring timely physical access to the campus will be permitted (such as Custodian), and those staff must adhere to:

- a. Daily self-monitoring of symptoms and sign-in system;
- b. Limiting the time on campus to those tasks required on campus;
- c. Limit use of common rooms;
- d. Wear personal protective equipment at all times on campus;
- e. Maintain regular disinfection of surfaces at their workspace and frequent handwashing/sanitization throughout the day.

- Following the outbreak, the Health and Safety Committee and School Administration will hold a review of the current safety protocols and consult with involved students, staff, and faculty about changes in protocol.

- Emergency protocol and planning will continue to be reviewed and adapted over time

# Symptoms

**\* Information taken from the BC Centre for Disease Control**

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms>

Watch for symptoms of COVID-19 that can appear up to 14 days after being exposed to the virus.

## Symptoms of COVID-19

The symptoms of COVID-19 are similar to other respiratory illnesses including the flu and common cold. COVID-19 symptoms can range from mild to severe. Sometimes people with COVID-19 have mild illness, but their symptoms may suddenly worsen in a few days. Research shows that some symptoms are more likely related to COVID-19 than others.

**Key symptoms of COVID-19 include:**

- [Fever](#) or chills
- Cough
- Loss of sense of smell or taste
- Difficulty breathing

**Other symptoms may include:**

- Sore throat
- Loss of appetite
- Extreme fatigue or tiredness
- Headache
- Body aches
- Nausea or vomiting
- Diarrhea

**Go to an urgent care clinic or emergency department if you:**

- find it hard to breathe
- have chest pain
- can't drink anything
- feel very sick
- feel confused

## COVID-19 symptoms in children

You can find information on [fevers in children here](#). [Children](#) may show COVID-19 symptoms differently than adults. For example, fatigue may show in children as poor feeding, decreased activity, or changes in behaviour.

Take your child to your nearest emergency department or call 9-1-1 if they:

- are having difficulty breathing
- have blue lips or skin, or appears very pale
- have red and/or swollen lips or tongue
- are coughing excessively, particularly with a fever
- are vomiting excessively, especially if there is blood in the vomit
- have diarrhea and vomiting, is not producing tears, and has not urinated for several hours
- have a high fever, appears very sleepy, and have not improved with acetaminophen (Tylenol) or ibuprofen (Advil).
- are under three months of age and has a fever of 38 degrees C (100.4 degrees F) or greater
- have pain or pressure in the chest that does not go away
- there is new confusion
- are unable to wake or stay awake
- have severe abdominal pain
- have a spreading rash

## What to do if you have symptoms that may be COVID-19

- Use the B.C. [COVID-19 Self-Assessment Tool](#) to see if you need to be tested for COVID-19.
- See the BCCDC page on COVID-19 [Testing](#) for more information.
- Once you have been tested you should [self-isolate](#) while you wait for the test results.
- If your test is negative you should not return to work or school until you are feeling better.
- If you feel unwell and are unsure about your symptoms, contact your health care provider or call 8-1-1.

**You should continue to seek care for other medical conditions as needed**, even if it's not related to COVID-19.

### **Additional Prevention Measures at Alexander Academy:**

- Teachers will create appropriate seating arrangements, including maximizing space between students, doing a daily class seating plan, and limiting whenever possible face-to-face seating arrangements and activities.
- Implement strategies that prevent crowding inside the school, including conducting student assemblies, staff meetings, professional development, and parent-teacher meetings online
- Prevent learning activities, extracurriculars, school gatherings and events (eg. school play) that have people standing or sitting close together and must have minimized participants.
- The Staff-Only Kitchen will be restricted to 1 Staff members at a time. The student male and female bathrooms will have a maximum of 2 people at a time.
- All potential field trips must be closely examined for Covid-19 threat and need approval by the Head of School.
- Visitor Access to campus is limited to those that are supporting activities that are of direct benefit to student learning and wellbeing, such as immunizers, guest speakers and school volunteers.
- Extracurricular sports tournaments should be paused until further notice.
- The Public Health Order – Face Coverings, requires all students, staff, faculty, and visitors to wear a mask indoors on campus at all times (except when eating and drinking). Staff and faculty may only remove mask if they are working alone in a classroom or office, and must put mask on if anyone comes into the classroom or office). Students, staff and faculty may not walk through campus while eating and drinking with their mask down. Masks are available at the reception to anyone who has forgotten their mask.
- There will be no eating in the classroom during classes. Masks must be kept on at all times, except when taking a sip of a drink when seated.
- The Administrative Assistant will ensure all teachers-on-call and essential visitors are aware of the school’s health and safety measures and their responsibility to follow them at all times when they enter the campus.
- Frequently touched surfaces are cleaned and disinfected at least 1x/day. Faculty will wipe down student desks with proper cleaning material after each class.
- Students and parents are to be regularly reminded of their responsibilities to complete a Daily Health Check and are provided with resources on how to complete one (eg. [K-12 Health Check App](#)).
- Students, staff, and faculty are reminded to stay home when they are sick.

- If a student, staff, faculty or visitor develops symptoms of illness while at school, they are to report to the reception and be isolated in the school sick room immediately until they are able to leave the campus and either return home to self-isolate or seek medical treatment if serious. They are to call 8-1-1 for further guidance.

- Students, staff, and faculty who test positive for Covid-19 must notify the Head of School, and follow current government self-isolation requirements before returning to campus.

- COVID-19: Confirmed Covid-19 test, or close contact of confirmed Covid-19 case- the individual stays home/off-campus for **5 days after there are no longer symptoms, regardless of vaccination status.**
- COLD/FLU: Symptomatic, with negative covid test- Stay home/off-campus **5 days**, can come back to campus after one week, as long as symptoms are gone.
- COLD/FLU: Close contact of someone else who is symptomatic with cold/flu, with a negative covid test- Can come to campus, but if any symptoms develop, the individual must stay home/off-campus **5 days**. Can return to campus after one week, as long as symptoms are gone.
- A close contact is generally someone who has been near a person with COVID-19 for at least 15 minutes when health and safety measures were not in place or were insufficient.

\* In all of the scenarios above, the employee can make arrangements to work from home, provided they are feeling well enough to work.

- Alexander Academy will purchase Covid-19 Antigen Rapid Test Kits for all staff and faculty and keep a supply on campus for regular testing. Students are encouraged to regularly do Covid-19 Rapid Tests at home.

- Alexander Academy staff and faculty will continue to monitor our workplace and update the CD plan when necessary.